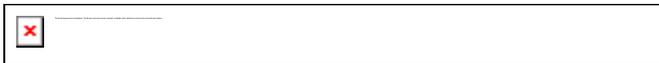
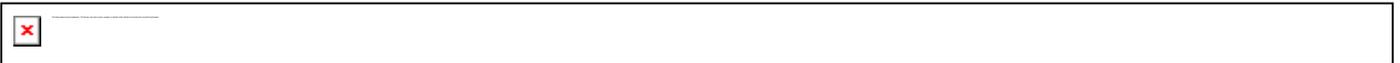




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## **Saving Today Means Water Tomorrow**

via [texaswaternewsroom.org](http://texaswaternewsroom.org)

Watering guidelines are becoming more common as communities across Texas are thinking ahead about their water supplies.

The 2017 State Water Plan estimates the state's population will increase more than 70 percent by the year 2070. With that population gain comes a higher demand on water. But what won't be increasing? Texas' existing water supplies—those that can be relied on in the event of drought.

Fortunately, the state plans ahead for this growth by identifying strategies to provide additional water supplies to meet water needs in the next 50 years. Conservation is by far the most frequently recommended strategy by regional water planning groups, the backbone of the state water planning process. It's a way to stretch the water supplies that we currently have, and it's also the cheapest solution to ensure communities have enough water.

**READ MORE >**

## Why Wellness Matters in Workers' Comp

via [worksafetexas.com](http://worksafetexas.com)

The Center for Disease Control and Prevention (CDC) says that chronic diseases and related lifestyle risk factors are the leading drivers of health care costs for employers. Wellness programs, the CDC notes, can reduce the cost of employee health care.

Their analysis reiterates the findings of other reports linking employee wellness to workers' comp costs. Recent studies show unhealthy habits are responsible for an estimated 80 percent of chronic illnesses worldwide. Obesity, smoking, lack of exercise, poor diet, inadequate sleep and stress not only contribute to a diminished quality of life, they have a significant impact on worker productivity and health care costs for businesses.

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## Allied Public Risk Online Training Center

via [aawdm.org](http://aawdm.org)

The Allied Public Risk has an Online Training Center available to policyholders. Allied has partnered with the American Association of Water Distribution & Management and FirstNet Learning to offer discounted and free online learning modules for members.

First Net is a national educational provider that leverages technology to develop, deliver, and manage innovative learning with the objective of helping clients increase knowledge, change behavior, reduce risk, prevent injuries and save lives. Their online training catalog includes hundreds of off-the-shelf courses, with new courses introduced monthly. FirstNet provides critical training to thousands of organizations, including over 16,000 municipalities. Please click the link below to access their online library of courses.

[READ MORE >](#)

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## Upcoming Texas Mutual Policyholder Claims Seminar

via [texasmutual.com](http://texasmutual.com)

Texas Mutual is offering a free seminar to policyholders on the claims process. This seminar will go over how to report an injury, how to investigate claims, and how to implement a return to work program. They will also review how to obtain loss runs, how to navigate Texas Mutual online, and more.

[REGISTER HERE >](#)

A graphic for the Texas Mutual Policyholder Claims Seminar. It features a large white circle in the center, surrounded by a dark red border. The text "TEXAS MUTUAL POLICYHOLDER CLAIMS SEMINAR" is written in a bold, dark red, sans-serif font across the circle. The background behind the circle consists of several horizontal bars of varying lengths and shades of red and brown, creating a layered, architectural effect.

# TEXAS MUTUAL POLICYHOLDER CLAIMS SEMINAR

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A green rounded rectangular button with the text "PayNow" in a large, white, sans-serif font. Below "PayNow" is the text "ePayPolicy" in a smaller, white, sans-serif font, with "ePay" in a lighter shade of green and "Policy" in white. Below "ePayPolicy" is a small, white, sans-serif font that reads "POWER OF PROTECTING YOURSELF".

**PayNow**  
ePayPolicy  
POWER OF PROTECTING YOURSELF

Online payments are available. Simply click the "Pay Now" button above or on our homepage at [www.aiainsagency.com](http://www.aiainsagency.com).

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**This Newsletter is for you!**

**If you have suggestions for any improvements or topics you would like to see covered, please send us your feedback.**

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