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## Extra Security in a World of Technology

via [winstarins.com](http://winstarins.com)

In a world where you can access so many things in just a few clicks of a button, protecting your data is crucial. Adding Multi-Factor Authentication is an extra layer of protection by the site/application requiring a numerical code as a second form of digital identification. This is accomplished from the code sent from a dedicated app in the form of a text or email. Don't let virtual hackers get into your system.

Please see the attached flyer for more in-depth details to learn how you can better protect yourself.

[FLYER >](#)

## How the Heat Can Effect Your Health

via [ksat.com](http://ksat.com)

The hot temperatures have many people in a heated mood.

This Texas heat has been barbecuing us all this week, and the recent plea from ERCOT to conserve energy isn't the coolest of news. But with temperatures soaring, it's important to keep your physical health in mind. Extended exposure to heat can cause health issues from heat cramps to heatstroke.

According to Texas Mutual, a worker's comp insurance company, the heat index is an important factor in understanding what to expect before you step outside. The heat index is a measure of air temperature and relative humidity, which means it could feel hotter than the actual temperature.

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## **Are Your Property Values Up to Date?**

via [winstarins.com](http://winstarins.com)

Each year before your insurance policy renews, we send out a list of all the property you have insured through us, with a request that you look it over and update it. This is done to try to make sure you're properly insured in the event you have a claim. This is especially important this year since construction costs have gone through the roof in the past few months. A pumphouse or tank that might have cost \$10,000 to replace last year at this time would likely cost significantly more to replace at current prices. When you receive the property listing, we would appreciate you taking a few minutes to look it over through the lens of current prices.

We'll be making a push to reach out to you if it's been a while since your property values have been updated, but in the meantime if you have any questions, please don't hesitate to get in touch with us.

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## Trench Safety Stand Down Week

via [nuca.com](http://nuca.com)

June 14 – 18 was Trench Safety Stand Down Week where employers were encouraged to talk to their teams about trench & excavation hazards and to help increase awareness and boost safety.

Even though this safety week has passed, these safety measures can and should be implemented.

**Did you know:** from 2013 – 2017 there were 97 trenching fatalities in the construction industry? Trench collapses and cave-ins aren't limited to this particular industry either—these risks pose a serious threat to those working in the municipal and water sectors, too!

### **How do you conduct a Trench Safety Stand Down?**

Talk to your team! Take a break to host a toolbox talk and/or plan a safety activity that draws attention to trench and excavation hazards and promotes the importance of using protective systems.

### **National Utility Contractors Association (NUCA)**

Find checklists, presentations, webinars and hand-outs to help you prepare for and conduct your Safety Stand Down and receive a Certificate of Participation from NUCA.

### **OSHA**

Identify hazards, find solutions and keep your workers safe—OSHA offers publications, videos and additional resources to help better protect your team on the job.



## The Center for Construction Research and Training (CPWR)

With the proper education and training, trench and excavation injuries and fatalities are more preventable. Visit the CPWR's one-stop-shop for all things relating to trench safety, including handouts, planning tools and training programs!

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## Securing Company Property

via [winstarins.com](http://winstarins.com)

These days we can't be too careful to protect property that we're responsible for. When handling property belonging to the corporation, extra care should be taken to make sure it's secured. Especially in the event anyone has cash or checks that belong to the utility, it shouldn't be left in a vehicle overnight. If you're issued a company laptop, please don't leave it in a vehicle when it is parked for the evening – it's just too tempting to a thief.

Also, remember to lock your company vehicle when leaving at the end of the day, whether parked at the office or at an employee's home.

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*Friendly Reminder:*

Please call the office  
when email is down.



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**If you have suggestions for any improvements or topics you would like to see covered, please send us your feedback.**

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